4-2-2013

OK – “The Letter”

It is uncomfortable for me to write about this stuff; but, it is impossible for me to say aloud – so, here goes…

I am having extreme financial difficulties right now.

I feel as though I did this to myself

And SO it’s only right that I should face it and fix it myself.

I don’t like asking for help, even when I need it.

I’ve always been the helper or the fixer –

I’ve always been able to solve my problems.

I never thought I would be in this current state of financial ruin.

I don’t know how to take on these problems and so I get more and more depressed and things just get worse.

I realize that I cannot do this without guidance… help or encouragement…